BEST PREP.

GUIDE 08 · PRINT IT AND KEEP IT WITH YOUR KIT

WHAT TO DO IN A BLACKOUT

Lessons from the April 28, 2025 blackout in Spain and Portugal.



1	4 H	0
headlamp per person	a closed fridge stays safe	candles: fire risk

01

THE FIRST 10 MINUTES

- Just your home? Check the breaker
- Flashlight, not a candle
- Fill jugs and tub while water runs
- Keep fridge and freezer closed

02

INFORMATION

- Battery or hand-crank radio
- Don't call 911/112 just to ask
- Think of older or isolated neighbors

03

PHONE BATTERY

- Power saving, lowest brightness
- Data, Wi-Fi and Bluetooth off
- Texts rather than calls
- Car charging: outdoors only

04

SAFE LIGHT

- A headlamp per person
- LED lanterns
- Flashlight + water jug = lamp
- Everyone knows where they are

05

COLD AND HEAT

- Winter: one room, dress in layers
- No charcoal or grills indoors
- Summer: blinds by day, ventilate at night
- Drink water even if not thirsty

06

WHEN POWER RETURNS

- Wait a few minutes
- Plug in gradually, fridge first
- Check the food
- Recharge and restock the kit

! Always carry some cash: in a blackout card readers and ATMs stop working.